

Navigating Cholestasis



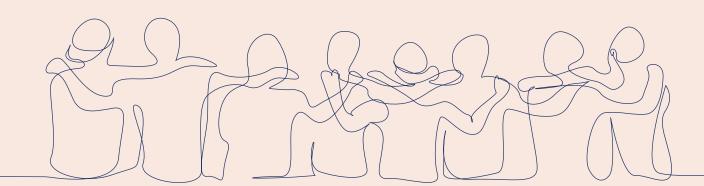
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LIVER CONDITIONS IN NEWBORNS

RARE SIGNS TO WATCH OUT FOR





## INFORMATION FOR NURSES AND MIDWIVES



WHAT ARE THE SIGNS

OF UNHEALTHY LIVER

**IN NEWBORNS?** 

Liver conditions in newborns are rare, but **early diagnosis** is important to optimize outcomes.<sup>1,2</sup>

If left untreated for more than 60 days, infants may develop irreversible cirrhosis.<sup>2</sup>

Be aware of the 2 key signs to look for:1,2

Pale or chalky poo

In patients with cholestasis, pale stools are observed.<sup>1</sup> If baby's poolooks pale or chalky (like these examples) at any time, please speak to a pediatrician.

2

Prolonged yellowing of the skin and whites of the eyes (jaundice)



Jaundice is very common in newborn babies and usually resolves without complication.<sup>3</sup>



However, if the jaundice has not improved after approximately 2 weeks, this may raise concerns that the baby's liver is not working as well as it should, and the baby should be seen by a pediatrician.



If the baby shows either of these signs, it is very important to speak to a pediatrician!

## Summary<sup>1-3</sup>



Early diagnosis of liver disease is important to avoid irreversible cirrhosis.



Prolonged jaundice and persistently pale-colored stools indicate liver disease.



If the baby shows either of these signs, refer urgently to your local healthcare provider.

For further support, refer urgently to your local healthcare provider.

## References:

- 1. Fawaz R, et al. J Pediatr Gastroenterol Nutr 2017;64:154–168.
- 2. Feldman AG and Sokol RJ. Neoreviews 2021:22:e819-e836.
- 3. Götze T, et al. Front Pediatr 2015;3:43.

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